

● INDUCED EVENTS

Dreaming of alien visits

Alien abductions are "dreams", say researchers who have trained people to have out-of-body experiences in their sleep.

With just three days of simple mental exercises, UCLA researchers induced "classic" alien-abduction experiences among 20 volunteers.

Seven had vivid descriptions of bedside and otherworldly encounters with aliens and giant robots.

Citing a "poorly studied state of consciousness that people fall into inadvertently" researcher Michael Raduga said his aliens "prove such experiences are a product of the brain".

*My News (Sydney) Australia John Pakizzi
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